

Proposed EM Regional Conference Programme 2015

0930 – 1015	Registration and refreshments
1015 – 1025	Welcome and introductions – Hilary Wells, Regional Chair
1025 – 1105	Session One – Dr Simon Durrant – University of Lincoln, Department of Psychology The Sleeping Mind (proposed)
11.05 – 1145	Session Two – Dr Kate Porcheret, Nuffield Department of Clinical Neurosciences, University of Oxford Your Daily Cycle and the role of sleep in Trauma (tbc)
1145 -1155	Questions
1155 – 1210	Break
1210 – 1300	AGM
1300 – 1400	Lunch
1400 – 1450	Breakout sessions 5 sessions with 20 delegates at each plus facilitator
1450 – 1500	Break
1500 – 1540	Reports from Breakout sessions (5 minutes maximum per group)
1540 – 1600	Conference evaluation
1600	Close