

**EAST MIDLANDS**

At the Heart of it all!



**U3As**

**Date: - Wednesday, 24<sup>th</sup> April, 2013**

**Time: - 10am to 4pm**

**Venue: - The Wheeler Suite,  
Notts. County Football Club**

**Cost: - £10 (payable on the day and covering a scrumptious  
and very ample buffet lunch, tea coffee and biscuits)**

### **Aim**

**To facilitate the positive and proactive development of our U3As**

### **Objectives**

**Session One – To raise awareness of the ideas in the Discussion  
Papers and explore their potential use.**

**Session Two – To explore how Interest Groups can be developed**

**Session Three – To highlight the different problems of large and  
small U3As and discuss ways to resolve them**

### **Outcomes**

**For participants to have gained proactive ideas and be positive  
about implementing them within their own U3As**

**Programme for the day is attached.**

**If you wish to take advantage of this opportunity to learn more  
and help your U3A develop, please contact**

**Liz Wilson, Regional Education and Development –**

**[lizskill@tiscali.co.uk](mailto:lizskill@tiscali.co.uk)**

**01623640835**

**Applications should be in by the Monday, 8<sup>th</sup> April**

# Programme

**This workshop is for U3A Committee Members or prospective Committee Members.**

**10am – Registration and refreshments**

**10.30am Welcome and introductions – Alan Morris (Reg. Chair)**

**10.35am Session One – Liz Wilson (Reg. Education & Development)**

- 1. Characteristics of a Vibrant U3A**
- 2. Warning Signs/Discussion Paper 1 – Keeping your U3A Vibrant**
- 3. Membership/Growth Matters Paper**
- 4. Committee/Discussion Paper 3- Finding Committee members**
- 5. Group Leaders/Discussion Paper 2 – The Challenge of Finding Group Leaders**
- 6. Communication/Discussion Paper 4**

**12.00pm Session Two – Michaela Moody (Regional Trustee)**

**Interest Groups: Developing their Full Potential**

**12.30pm Lunch**

**1.30pm Session Two Continued – Michaela Moody**

**2.00pm Session Three – Alan Morris**

**Size does Matter!**

**3pm Break**

**3.15pm Session Three Continued- - Alan Morris**

**3. 35pm Evaluation Sheets and “Where do we go from here?” – Michaela Moody**

**3.55pm Thanks – Liz Wilson**

**4pm Close**

