

Workshop venues and dates

	MYU	PA
Belfast	6 April	14 June
Birmingham	26 April	21 June
Bristol	28 April	9 June
Darlington	19 May	14 July
Edinburgh	1 June	27 July
London	24 May	6 July
Manchester	17 June	21 July

On Request workshops

The Third Age Trust will run the last of their workshops on Participative Learning in the middle of April. After this, you can ask for the workshop to be run in your region or networks which are more local to your U3A. Simply send a request to dsc@u3a.org.uk

Similarly the second set of workshops can be run as On Request workshops once they have been run at national venues on the above dates. Simply send a request to dsc@u3a.org.uk

On Request Workshop criteria

These are for groups of U3As who are not within reach of the national workshop locations and who will organise a minimum of 40 delegates (for cost effective reasons) to attend the workshop in a venue of their choice.

National Office will handle the administration and pay for venue and refreshments.

National Workshops 2016



Phase 2

**Managing your U3A
April and May**

Phase 3

**Planning ahead for more time
to Learn Laugh and Live
June and July**

About the workshops

The workshops have been designed not just for Committee members but for any U3A member who might be interested in joining a Committee. As you know, things change all the time and, as a charity, each U3A needs to keep abreast of changes made by the Charity Commission. The workshops will be particularly useful for members who have thought about offering their services to the committee but have not yet done so. They would find the experience stimulating and informative and should be encouraged to apply. New blood is always needed!

Managing your U3A (April, May, June)

This one day workshop covers the following topics:

- Being a Trustee: what it means and the support provided for you
- Committees and Constitutions: how committees work and the Constitution as your governing document

In the best tradition of U3A, we will be learning from each other in a supportive environment. You'll discover what it means to be a Trustee and why the Constitution is so important.

The day includes a presentation, sharing best practice from many U3As, and discussion and problem solving sessions. The presentation covers both topics but, primarily, passes on good practice from many U3As in the context of being a U3A committee member.

Possible audience: committee members and prospective committee members

Planning ahead: more Time to Learn, Laugh and Live (June, July)

This is an interactive whole day workshop where delegates take part in each module. Three topics seem to be at the forefront of the challenges that face many U3As:

- Induction for new Committee members / Trustees
- Starting new Interest Groups
- Dealing with the "difficult customer"

We can all learn from each other and, in this context, we hope to be able to encourage you to find solutions to some of your challenges and leave everyone more time to enjoy U3A. Delegates will cover each of the 3 topics in different groupings so that they hear the different ways in which U3As organise activities in their U3As. Hopefully some will be right for you!

Possible audience: committee members and prospective committee members

How to apply for a place

Go to the **Events** section of the members' page of the national website to book online or paste the following link in your browser to go straight to the on line booking form:

<https://u3auk.wufoo.com/forms/2016-national-workshop-series-v2/>

Promoting the workshops

We hope you'll promote these workshops to U3As in your networks and in your Region.