



## Regional Memory Newsletter Issue 2

02 May 2012

### The Workshop - developments

Over the past few weeks thirty-two U3As over all five county networks have registered their interest in providing their U3A with the memory courses initiated by Auton and Ormskirk U3A. Some U3As are going ahead with courses to their own members. If you are going to do this can you please let me know so I know not to keep asking if you want to be included.

### Progress – the next step

We have sought guidance from Sylvia Dillon and Wendy Craddock at Ormskirk U3A, and had hoped to be able to arrange for a 'Training for Trainers', with their help. However, this is proving rather difficult to organise and would be quite expensive as it would necessitate twelve members going to Ormskirk for four successive Saturdays. So, we intend to present the course with the excellent material they have generated for presenters and administrators.

Initially, we will run one course with members who attended the seminar in Nottingham and who intend to provide the course for their U3A. This will be four, one and a half hour sessions for 12 participants, at the same time on the same day of the week. The first course will be for Leicester & Rutland U3As. It is hoped that some of you will, then, be willing to help with other courses across the Region. If you would like to be on the first course, I need to know soon, to put together the first group. I also need to know the days of the week you would be available to attend: [lynnettecox@aol.com](mailto:lynnettecox@aol.com). The sooner I hear from you, the sooner we can get the first course started. Please remember that you will need to commit yourself to all four sessions. The second course will be for Lincolnshire U3As, the third, Nottinghamshire and so on. In the meantime, it is hoped, Leics & Rutland will cascade the course out to their members, Lincs to theirs, and so on.

Once we are up and running with the first course, we intend to provide further seminars, such as the one in Nottingham, across the counties of the East Midlands. In the first instance, one per county network but more can be organised if there is the need. These will be for members interested in finding out more about the course and what is entailed. If you went to the seminar in Nottingham and are interested in being involved in presenting at subsequent seminars, please let me know.

### Questionnaire in Issue 1

**If your U3A has not already done so, please let us have your answers**

**If you attended the Workshop:**

Do you plan to provide Memory Courses in your U3A before the regional support becomes available?

Do you wish to provide the Memory Courses after one further workshop organised by the Region?

**If you did not attend the Workshop on 7<sup>th</sup> March**

Are you interested in learning from the Region more about what might be available on Memory Courses?

### Named Person

Some U3As have provided me with a named person for the Memory Courses and this **Newsletter** is going to them to be circulated. If you have **not** already done so, it would be helpful if you were able to send me the name and contact details of a member with whom we can be in touch.

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